



# The Treatment Rooms

OPEN '8' DAYS A WEEK



54 MERSEY VIEW • BRIGHTON-LE-SANDS/CROSBY • (OPPOSITE BARBACOA) • L22 6QB  
0151 932 1828 • [WWW.THETREATMENTROOMS.NET](http://WWW.THETREATMENTROOMS.NET)

# VIP BEAUTY CLUB & LOYALTY CARD AVAILABLE

Ask for details

*From Face to Foot,  
Top to Toe  
The Treatment Rooms  
is where you go!*



# The Treatment Rooms...

Is a comfortable environment that specialises  
in treating both men and women

## **OPEN '8' DAYS A WEEK ...**

Monday	9am – 6pm
Tuesday	9am – 7pm
Wednesday & Thursday	9am – 9pm
Friday	9am – 7pm
Saturday	9am – 5pm
Sunday	10am – 4pm

**WE ALSO OPEN BANK HOLIDAYS**  
**10AM-2PM FOR APPOINTMENTS ONLY**

**MAKE SURE TO CHECK OUT OUR WEBSITE FOR OUR SPECIAL OFFERS**  
FOLLOW US FOR SPECIAL OFFERS ON TWITTER AND FACEBOOK



NOW **BOOK ONLINE!**

# Facials

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*All facials are performed using the professional skincare products Germaine de Capuccini. The Treatment Rooms are the only salon on Merseyside to be selected to use this range. Deposits must be paid on booking.*

## **GYLOCOCURE FACIAL**

Not as aggressive as Dermabrasion but a good brightening facial.  
*20 min. Upgrade this to any other facial for £15*

## **OPTIONS PRESCRIPTIVE FACIAL**

A High performance solution to a dull, stressed, tired and devitalized skin. Provides the skin with vitamins, nutrients and a source of energy to revitalise or regenerate leaving the skin bursting with health. Radiating! *1 hr All skin types – ideal for smoker's skin*

## **HYDRACURE FACIAL**

Highly recommended for fragile delicate skin types. Amazing results after just one facial. Gives superb moisturisation and hydration. *1 hr All skin types and especially sensitive skin*

## **COLLAGEN FACIAL**

This treatment rehydrates and renews the collagen fibres within the lines and depths of the skin structure, improving the texture, uniformity and colour of the skin. *1 hr +30yr*

## **BLACK DIAMOND MINERAL FACIAL**

This Ultimate, Luxury anti-ageing facial features a unique mineral mask that repairs, revives and stimulates collagen synthesis whilst restoring the skins youthfulness.  
*1 hr All skin types usually +35yr skin*

## **O2 EXCEL FACIAL**

Provides a global anti-ageing for those who wish to firm, tone and protect the skin against environmental stresses by activating the O2 levels delaying and preventing the signs of ageing.  
*1 hr All skin types usually +25yr skin*

## **TIMEXPERT RIDES WRINKLE CORRECTION**

A new avant-garde and sophisticated approach to work against expression wrinkles. Timexpert rides focuses on "cellular dynamics" to strengthen the skins architecture.

## **VITAMIN C BOOST FACIAL**

Rejuvenating power to combat skin ageing by intensely repairing the skin's luminosity, vitality and uniformity. Leaves a lasting revitalising effect that prevents and works against signs of ageing.  
*1 hr Concerns with tone and fine line wrinkles +25yr skin*

## TIMEXPERT EYE CONTOUR TREATMENT

Specific eye treatment designed to firm, smooth and relax. Ideal for overworked tired and stressed eyes, it puts the sparkle back into your eyes. *30 min Upgrade this to any other facial for £15*

## C+ ENERGY MENS FACIAL

Specially designed for the individual Man's skin type, eliminates toxins, strengthens skin against pollution and stress. Gives luminosity, hydration and immediate comfort using male fragranced products. *1 hr*

## TEENAGER STARTER FACIAL

*School grade 7 – 11, ages 12yrs to 16yrs, must have adult consent*

Blemished, problem teenage skin needs guidance to help balance its oil levels, full consultation is given including homecare advice.

## EXPRESS FACIAL

Cleanse, Tone, Exfoliation, mask and moisture. *30 min*  
*All skin types ideal at lunchtime for a quick pick me up*

## SK4 ULTIMATE FACIAL

This unique facial combines 4 electro therapies with sophisticated skin care products to deep cleanse, exfoliate, lift, firm, tone and hydrate the skin plus helping stressed eyes with the eye and lip regeneration program to help reduce puffiness and dark circles. Results can be seen after one session but is recommended in course of 10. *1 hr*

## COURSES OF 10 SK4 ULTIMATE FACIALS AVAILABLE

## *Semi Permanent Anti-Ageing*

*All Treatments are performed by a qualified registered nurse*

## WRINKLE SMOOTHING BOTOX, RESTYLANE, RESTYLANE LIP

## PEARLANE, RADIESSE

*Prices available on request*

## EGF

A non-invasive anti-ageing treatment with a formula similar to those needle applied treatments (fillers). A professional programme that provides a safer, more effective solution **without any needle application.**

- Volume, length and depth of wrinkles considerably reduced.
- Facial oval is redefined with skin more supple and firm
- Overall texture of skin is refined
- Revitalises dull skin
- Pigmentation marks reduced

# Body Treatments

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*All body treatments are performed using the Exclusive Spanish product range focusing on the theme of total well-being and Spa therapy. Deposits must be paid on booking.*

## **COMPLETE EXFOLIATION**

A full body scrub using dead sea salts with a choice of different aromas, ideal before holidays, false tanning and hair removal although not recommended the same day. *30 min*

## **CRYSTAL HARMONY**

Luxurious exfoliation for the removal of dead skin cells prepares the skin for the power of the precious stones and mineral elixirs which harness their energies through seven chakra points during your massage. *1 hr*

## **AFRICAN BAOBAB RITUAL**

Ideal for pregnancy. Exfoliation for the back followed by a massage with firming tonic oil all over the body. Silk wrap massaged into the scalp leading into an application of Dreamy legs to help alleviate tired legs. *1 hr 15 min*

## **CHOCOHOLICS DELIGHT**

All the pleasures of chocolate without the calories! A thoroughly delicious wrap based on the colour, aroma and creamy texture of cocoa. A deeply relaxing treatment that provides the skin with deep hydration and nourishment. *1 hr*

## **RE-MINERALISING WRAP**

From the deepest of the French Sea of Brittany we extract this mud with its marine silts, mineral salts and trace elements. This wrap and exfoliation treatment purifies the skin whilst providing it with all the basic elements lost by daily stressful activities. *1 hr 20 min*

## **THE MAGIC OF THE SILK ROUTE**

Enter the relaxing world of the Spa through the magic of a route created especially for you. Begin with a mystical exfoliation with fine aromas and continue with the application of our Silk Wrap, followed with an exclusive massage, pampering your senses leaving your skin with a satin appearance and a silky touch. *1 hr 30 min*

## **RE-VITALISING HAIR THERAPY**

Hair and scalp massage using essential marine aromatic oil. *25 min*

## **SILK SCALP TREATMENT**

Hair and scalp massage using a warm Sybarite silk wrap *25 min*

# Hand and Nail Treatments

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*Nailtiques Therapeutic Manicure system is designed to help improve the strength and growth of the natural nail, especially nail types that tend to peel and split. Upgrade of polish to gel available.*

## **GEL FX MANICURE** 60 min

The must have 14 Day Manicure, No Chipping, No Smudging, better than Shellac and Gelac, the secret to long lasting shine. Exclusive UV Gel Polish

## **GEL FX REVARNISH** 30 min

## **GEL FX REMOVAL**

## **EPIX 10 DAY NAIL POLISH** *gel finished, but no UV cure required*

## **REVARNISH & TIDY**

## **FRENCH REVARNISH & TIDY**

## **BASIC MANICURE** 45 min

## **FRENCH MANICURE** 55 min

## **DELUXE MANICURE** *incl. heated mitts*

## **PARTY FALSE NAILS** *Ideal for quick fix 15 min*

## **ACRYLICS** *White tips / Naturals*

## **INFILLS**

## **EAR PIERCING**

# Toe & Foot Treatments

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*Once you have experienced this treatment you will leave our treatment rooms as though you are walking on air!*

## **REVARNISH & TOE TIDY**

## **FRENCH REVARNISH & TOE TIDY**

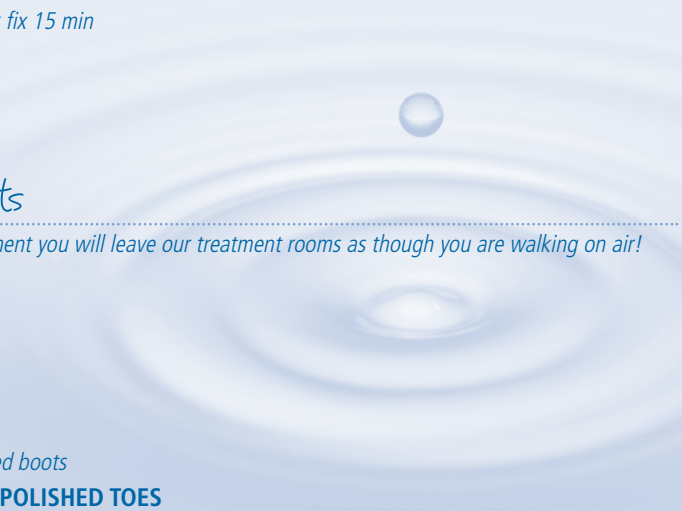
## **BASIC SPA PEDICURE** 60 min

## **FRENCH SPA PEDICURE** 75 min

## **GEL FX PEDICURE** 75 min

## **DELUXE SPA PEDICURE** *incl. heated boots*

## **DIAMANTES CAN BE ADDED TO POLISHED TOES**



## Make-up

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Jackie has worked and trained with the best, including J-Lo's favourite artist Vincent Longo from New York and is fully licensed to work using 'MAC' products.

**OCCASION MAKE UP APPLICATION** *(Lash Extensions available)*

**PHOTOGRAPHIC APPLICATION**

**MAKE-UP LESSON** *1 hr*

**BRIDAL APPLICATION** *includes both trial and special day plus full consultation*

**BRIDESMAIDS/MOTHER OF THE BRIDE ETC.**

**HOUSE CALL OUT** *depends on distance*

**EYES & LASH**

**EYES ONLY**

## Hair

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*Full Hair service is available by appointment*

**SHORT WASH & BLOW**

**MED/LONG WASH & BLOW**

**CUT & BLOW**

## Eye Treatments

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**EYEBROW SHAPE**

**EYEBROW TINT**

**EYELASH TINT**

**BROW & LASH TOGETHER ONLY**

**EYELASH EXTENSIONS**

**EYELASH PERM** *50 min*

**LASH PERFECT SEMI PERMANENT LASHES - FULL SET**

**LASH PERFECT LASHES - INFILLS (EVERY 2 WEEKS)**



## Waxing

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WE DO THE FASTEST WAXING IN THE WEST!

All waxing clients must NOT have any heat treatments prior to appointment OR directly within a 24 hour time period.

**EYEBROW** or **LIP** or **CHIN**

**FACE** includes sides, lip & chin

**UNDERARM**

**FOREARM**

**FULL ARM**

**BASIC BIKINI LINE**

**STOMACH WAX**

**BRAZILIAN** or **HOLLYWOOD**

**S.B.C. MALE WAX**

**BACK** includes shoulders

**CHEST**

**HALF LEG**

**¾ LEG**

**FULL LEG**

## Wax Packages

upgrade to Brazilian or Hollywood available

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**HALF LEG, BASIC BIKINI OR UNDERARM**

**FULL LEG, BASIC BIKINI OR UNDERARM**

**FULL LEG, BASIC BIKINI AND UNDERARM**

**COMPLETE MALE BODY WAX** (inc. SBC)

**COMPLETE FEMALE BODY WAX**

## Electrolysis

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A progressively permanent removal of the hair using the Sterex System. Treatments include full consultation.

All needles are disposed of clinically. Courses are advised and available.

**UP TO 15 MINUTES**

**30 MINUTES**

## Natrasun Spray Tanning

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Charlotte Church and Beyonce use this tan it has 6+ different colour choices.

Airbrush tanning system that applies sunless tanner not as a lotion but as a spray.

Recommended that you exfoliate and or do any hair removal treatment before to reach best results.

**UPPER BODY**

**LEGS ONLY**

**FULL BODY**

**2 APPLICATIONS** (within 3 days of first tan)

# Massage Treatments

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## **AROMATHERAPY**

Ideal technique to combat physical or emotional stress or just pure relaxation using carefully selected and blended essential oils.

**FULL BODY INCLUDING SCALP** *70 min*

**BACK, NECK AND SCALP** *25 min*

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## **SWEDISH**

This technique is better suited to those general aches and pains, especially back ache. Preferred more by male clients and those who have physical lives.

**FULL BODY** *55 min*

**BACK, NECK AND SHOULDERS** *20 min*

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## **TURKISH DELIGHT MASSAGE**

An exotic massage with the most valuable Oriental spice - Saffron. Enjoy its aroma, colour, texture and anti-oxidising power through our exclusive massage method using a large silk fouldard to gently stretch the body releasing all tension. *1 hr*

## **MEDITERRANEAN LIGHT**

A luxurious body massage treatment which commences with an application of Harmony Sublime Stones. These unique warm handmade "stones" are applied to the Chaka energy points to induce relaxation and create a sense of harmony. During this the Mediterranean Light Candle is burned emitting a wonderful fragrance. The warm wax from the candle is then poured over the body with a prolonged body massage to ease tension and relax the mind. *1 hr*

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**HOT STONE THERAPY** Please ask for details

**BACK** *30 min*

**FULL BODY** *75 min*

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## **G5 MASSAGE**

Electrical body massage ideal for heavy legs and thighs. Deep tissue vibration helps to lose a dress size.

# Holistic Treatments

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*Holistic is a word meaning 'whole' these experiences help balance the mind and body as one.*

## **HOPI EAR CANDLES** 45 min

## **INDIAN HEAD MASSAGE**

A gentle yet invigorating scalp massage that releases stress and anxiety, leaving a sense of calmness, peace and tranquillity. Includes upper back, shoulders and head. 20 min

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***The following treatments are subject to external therapists from outside of The Treatment Rooms staff and are therefore only available with advance notice. Unfortunately Gift Vouchers cannot be purchased or used for these treatments.***

## **REFLEXOLOGY** 1 hr

Reflexology is based on the science that there are pressure maps represented on the feet. Gentle pressure is applied to these various points that correspond to different areas of the body, restoring health and rejuvenating the entire body. Stimulation of these reflexes helps to relax and restore health and normalise all functions of the body, helping to promote a natural balance and revitalisation.

All reflexology treatments are performed by a clinical reflexologist who holds a degree in reflexology.

# Men's Treatments

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*We treat and cater for male clients. However the management reserves the right to refuse.*

## **MEN'S SPA DAY**

Full body exfoliation, shower followed by Specialised Men's Facial & Body massage complete with Men's hand and nail treatment 3 hr + add a traditional wet shave (additional charge)

## **C+ ENERGY MENS FACIAL**

Specially designed for the individual Man's skin type, eliminates toxins, strengthens skin against pollution and stress. Gives luminosity, hydration and immediate comfort using male fragranced products. 1 hr

## **MEN'S SK4 FACIAL**

This unique facial combines 4 electro therapies with sophisticated skin care products to deep cleanse, exfoliate, lift, firm and hydrate the skin plus helping stressed eyes with the eye and lip regeneration program to help reduce puffiness and dark circles. 1 hr

## **COURSES OF 10 SK4 ULTIMATE FACIALS AVAILABLE**

## **NEW MEN'S TRADITIONAL WET SHAVE**

## **MEN'S BODY TREATMENTS**

All treatments are the same for men as they are for women.

## **MEN'S HAND & NAIL TREATMENT**

## **MEN'S FOOT CARE TREATMENT**

# Male Waxing

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**S.B.C. MALE WAX** from

**BACK** includes shoulders

**CHEST**

**COMPLETE MALE BODY WAX**

**EYEBROWS**

# Man Power Pack *ideal for all Grooms!*

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*Facial, traditional wet shave, eyebrow tidy/trim and hand & nail treatment*

*Gift Vouchers available for all Male Treatments*

# Packages

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**All 'SPA DAY' packages include a light lunch and complimentary refreshments throughout your time with us. All packages require a non refundable 50% deposit of full package cost on booking.**

## **ULTIMATE SPA DAY**

Full Body Salt Scrub, shower followed with Full Body Massage, Full Facial selected for the individual needs, the Deluxe Spa Pedicure & Deluxe Manicure PLUS Complimentary Glass of Champagne complete with Lunch. Hair blow dry and daytime make-up. *5 hr*

## **FULL SPA DAY**

Starts with Facial plus eyebrow shape, followed by Aroma Back, neck and scalp massage, the Spa Pedicure & Nailtiques manicure plus hair blow dry *3 hr 30 min*

## **MEN'S SPA DAY**

Full body exfoliation, shower followed by Specialised Men's Facial & Body massage complete with Men's hand and nail treatment *3 hr + add a traditional wet shave (additional charge)*

## **HALF SPA DAY**

French Facial, Full Body Massage, Manicure or Pedicure *2 hr 30 min*  
*Hair blow dry extra £10*

## **PRE HOLIDAY**

Complete Body Scrub, ½ leg, basic bikini, underarm wax, eyebrow tint & shape, eyelash tint followed by Nailtiques Manicure & Spa Pedicure (*French Polish is not included*). Hair blow dry available. *3 hr*

## **CHAMPAGNE & CHOC-A-HOLIC**

Choc-a-holic Body Treatment, Facial, Hair Blow Dry, Champagne and Chocs *2 hr 30 min*

## **MOTHER-TO-BE**

Full consultation, Body exfoliation followed by a warm firming body mask and an extra treatment for heavy legs. Facial is performed whilst body mask prepares your body and mind for your new arrival. Toes polished to perfection to complete your treat. *2 hr*

**GROUP PACKAGES CAN BE CREATED AND CATERED FOR THE INDIVIDUAL GROUP, ASK FOR DETAILS**

## **BRIDAL**

FREE Consultation is given to establish your own individual needs, but date of wedding must be booked as early as possible so not to disappoint (Bespoke Bridal Service)

## Courses

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**NAILTIQUES MANICURE**

**BUY 5 GET 6**

**SPA PEDICURE**

**BUY 5 GET 6**

**FACIAL**

**BUY 5 GET 6**

**BODY TREATMENTS**

**BUY 5 GET 6**

**MASSAGE**

**BUY 5 GET 6**

**SEE PRICE LIST FOR OUR LATEST OFFERS**

*Gift Vouchers Available*

Excluding Holistic Treatments and Semi Permanent Anti-Ageing Treatments

*Please ask staff for details*

We accept VISA and all major credit/debit cards for payment over £20 but not AMEX.

**We do not accept cheques**

We welcome and value any feedback of your treatment today, to help us provide the highest quality service.

**CLIENT COURSES** All paid treatment courses that are booked and then not attended will be treated as a non arrival therefore will be deducted from your course. All courses must be completed within 6 months of commencing or will be lost. Courses cannot be exchanged for any other treatment OR refunded.

**GIFT VOUCHERS AND PACKAGES** Vouchers and Packages cannot be replaced if lost or stolen and cannot be refunded in part or full once purchased. All vouchers are valid for 6 months from purchase only. Change will not be given. Not transferable to another persons name. Vouchers redeemed on booking will be used as a non-refundable deposit and cannot be refunded due to cancellation policy or non-arrival.

**NON-ARRIVALS** In the event of non-arrival the full cost of your treatment will be charged. Deposits or gift vouchers will not be returned.

**CANCELLATION POLICY** Please note that if you cancel or rearrange your treatment with less than 24 hours notice you will be charged 50% of the total treatment cost of your booking. ***This is company policy and non negotiable.***

**IN THE EVENT OF PACKAGE APPOINTMENTS ALL CLIENTS MUST GIVE 1 WEEKS NOTICE TO CANCEL/REARRANGE OR ALL DEPOSITS WILL BE LOST.**

**CHILDREN POLICY** As a courtesy to all clients and for your comfort we ask that small children and babies do not accompany you into the Treatment Rooms whilst having treatments. Minors can have certain suitable treatments but must be accompanied by a consenting parent/guardian and will be asked to give written consent.

**MOBILE PHONE** We would like to point out that all mobile phones must be turned off or in silent mode whilst in treatment as vibration and ring tones detract from the relaxing environment. Please also refrain from answering calls whilst in treatment except in case of emergencies.

**VALUABLES** The Treatment Rooms cannot be held responsible for any loss or damages to any jewellery or valuables so please keep to bare essentials wherever possible.

***The therapist reserves the right to terminate the treatment if he/she feels the client's behaviour is unacceptable or inappropriate.***

***Please note all treatments performed by management are not subject to discounts and incur a charge.***





# The Treatment Rooms

PRICE LIST - NOVEMBER 2016



## Facials

GYLOCURE FACIAL 20 min	£36
OPTIONS PRESCRIPTIVE FACIAL 1 hr	£51
HYDRACURE FACIAL 1 hr	£56
COLLAGEN FACIAL 1 hr	£61
BLACK DIAMOND MINERAL FACIAL 1 hr	£61
02 EXCEL FACIAL 1 hr	£66
TIMEXPERT RIDES WRINKLE CORRECTION	£67
VITAMIN C BOOST FACIAL 1 hr	£68
TIMEXPERT EYE CONTOUR TREATMENT 30 min	£26
C+ ENERGY MENS FACIAL 1 hr	£56
TEENAGER STARTER FACIAL	£31
EXPRESS FACIAL 30 min	£33
SK4 ULTIMATE FACIAL 1 hr	£61
SK4 ULTIMATE FACIALS 10 FOR	£480

## Semi Permanent Anti-Ageing

PRICES AVAILABLE ON REQUEST

EGF	£410
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## Body Treatments

COMPLETE EXFOLIATION 30 min	£31
CRYSTAL HARMONY 1 hr	£71
AFRICAN BAOBAB RITUAL 1 hr 15 min	£76
CHOCOHOLICS DELIGHT 1 hr	£61
RE-MINERALISING WRAP 1 hr 20 min	£71
THE MAGIC OF THE SILK ROUTE 1 hr 30 min	£81
RE-VITALISING HAIR THERAPY 25 min	£31
SILK SCALP TREATMENT 25 min	£36

## Hand and Nail Treatments

UPGRADE OF POLISH TO GEL	£10
GEL FX MANICURE 60 min	£30
GEL FX REVERNISH 30 min	£20
GEL FX REMOVAL	£6
EPIX MANICURE	£25
EPIX 10 DAY NAIL POLISH GEL	£10
REVERNISH & TIDY	£12
FRENCH REVERNISH & TIDY	£15
BASIC MANICURE 45 min	£21
FRENCH MANICURE 55 min	£25
DELUXE MANICURE	
INCL. HEATED MITTS	£26
PARTY FALSE NAILS IDEAL FOR QUICK FIX 15 min	£20
ACRYLICS WHITE TIPS/NATURALS	from £30
INFILLS	from £20
EAR PIERCING	£25

## Toe & Foot Treatments

REVERNISH & TOE TIDY	£15
FRENCH REVERNISH & TOE TIDY	£21
BASIC SPA PEDICURE 60 min	£29
FRENCH SPA PEDICURE 75 min	£33
GEL FX PEDICURE 75 min	£39
DELUXE SPA PEDICURE	
INCL. HEATED BOOTS	£35
DIAMANTES CAN BE ADDED TO POLISHED TOES	from £6

## Make-up

OCCASION MAKE UP APPLICATION	from £26
LASH EXTENSIONS	extra £11
PHOTOGRAPHIC APPLICATION	£31
MAKE-UP LESSON 1 hr	£41
BRIDAL APPLICATION INCLUDES BOTH TRIAL AND SPECIAL DAY PLUS FULL CONSULTATION	£51
BRIDESMAIDS/ MOTHER OF THE BRIDE ETC.	£31
HOUSE CALL OUT	depends on distance
EYES & LASH	£26
EYES ONLY	£21

## Eye Treatments

EYEBROW SHAPE	£10
EYEBROW TINT	£9
EYELASH TINT	£11
BROW & LASH TOGETHER ONLY	£16
EYELASH EXTENSIONS	£19
EYELASH PERM 50 min	£31
LASH PERFECT SEMI	
PERMANENT LASHES - FULL SET	from £66
LASH PERFECT LASHES - INFILLS (Every 2 weeks)	from £26

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PRICES DATED 1ST NOVEMBER 2016, THIS PRICE LIST PRECEDES ALL OTHER PRICE LISTS



## Waxing

EBYBROW OR LIP OR CHIN	£10
FACE INCLUDES SIDES, LIP & CHIN	£21
UNDERARM	£14
FOREARM	£16
FULL ARM	£17
BASIC BIKINI LINE	£16
STOMACH WAX	£10
BRAZILIAN OR HOLLYWOOD	£25
S.B.C. MALE WAX	from £33
BACK INCLUDES SHOULDERS	£21
CHEST	£21
HALF LEG	£20
¾ LEG	£22
FULL LEG	£24

## Wax Packages

UPGRADE TO BRAZILIAN OR HOLLYWOOD FOR AN EXTRA	£10
HALF LEG, BASIC BIKINI OR UNDERARM	£27
FULL LEG, BASIC BIKINI OR UNDERARM	£33
FULL LEG, BASIC BIKINI AND UNDERARM	£42
COMPLETE MALE BODY WAX (inc. SBC)	£90
COMPLETE FEMALE BODY WAX	£85

## Electrolysis

UP TO 15 MINUTES	£16
30 MINUTES	£26

## Natrasun Spray Tanning

UPPER BODY	£21
FULL BODY	£28
LEGS ONLY	£21
2 APPLICATIONS	£37
<i>(within 3 days of first tan)</i>	

## Massage Treatments

### AROMATHERAPY

FULL BODY INCLUDING SCALP	70 min	£51
BACK, NECK AND SCALP	25 min	£31

### SWEDISH

FULL BODY	55 min	£41
BACK, NECK AND SHOULDERS	20 min	£26

TURKISH DELIGHT MASSAGE	1 hr	£61
MEDITERRANEAN LIGHT	1 hr	£71

HOT STONE THERAPY BACK	30 min	£36
FULL BODY	75 min	£61

G5 MASSAGE	£21
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## Holistic Treatments

HOPI EAR CANDLES	45 min	£26
INDIAN HEAD MASSAGE	£26	
REFLEXOLOGY	1 hr	£36

## Men's Treatments

MEN'S SPA DAY	£110	
C+ ENERGY MENS FACIAL	1 hr	£56
MEN'S SK4 FACIAL	1 hr	£61
SK4 ULTIMATE FACIALS 10 FOR	£480	
MEN'S HAND & NAIL TREATMENT	£19	
MEN'S FOOT CARE TREATMENT	£26	

## Male Waxing

S.B.C. MALE WAX	from	£35
BACK	includes shoulders	£21
CHEST	£21	
COMPLETE MALE BODY WAX	£86	
EYEBROWS	£10	

## Man Power Pack *ideal for all Grooms!*

FACIAL, EYEBROW TIDY/TRIM AND HAND & NAIL TREATMENT	£80
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## Packages

ULTIMATE SPA DAY	5 hr	£150
FULL SPA DAY	3 hr 30 min	£125
MEN'S SPA DAY	3 hr	£115
HALF SPA DAY	2 hr 30 min	£95
PRE HOLIDAY	3 hr	£99
CHAMPAGNE & CHOC-A-HOLIC	2 hr 30 min	£95
MOTHER-TO-BE	2 hr	£85

## BRIDAL

*FREE Consultation is given to establish your own individual needs, but date of wedding must be booked as early as possible so not to disappoint (Bespoke Bridal Service)*

## Courses

NAILTIQUES MANICURE	BUY 5 GET 6
SPA PEDICURE	BUY 5 GET 6
FACIAL	BUY 5 GET 6
SK4 ULTIMATE FACIALS	10 FOR £480
<i>(RRP £610 - saving of £130)</i>	
BODY TREATMENTS	BUY 5 GET 6
G5 - CELLULITE	10 FOR £150
MASSAGE	BUY 5 GET 6
ELECTROLYSIS (15 MINS)	6 FOR £80
ELECTROLYSIS (30 MINS)	6 FOR £120



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**FOLLOW US FOR SPECIAL OFFERS  
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**BOOK ONLINE**



GERMAINE OF CAPUCCINI



naitiques.



naturesun™  
pure natural spray tanning