



# The Treatment Rooms

OPEN '8' DAYS A WEEK



54 MERSEY VIEW • BRIGHTON-LE-SANDS/CROSBY • L22 6QB

**0151 932 1828 • [WWW.TREATMENTROOMS.NET](http://WWW.TREATMENTROOMS.NET)**

 @thetreatmentrms  @TreatmentRoomsCrosby  treatmentroomscrosby

# VIP

## BEAUTY CLUB AVAILABLE

Pay **£50** and get **£70**  
worth of treatments  
per month

Ts and Cs apply

*Gift Vouchers  
Available\**

Please  
ask staff  
for details



\*Excluding Holistic Treatments,  
Physio and Semi-Permanent  
Anti-Ageing Treatments

*From Face to Foot,  
Top to Toe  
The Treatment Rooms  
is where you go!*

# The Treatment Rooms...

Is a comfortable environment that specialises  
in treating both men and women

## **OPEN '8' DAYS A WEEK ...**

Monday	9am – 5pm
Tuesday	10am – 7pm
Wednesday & Thursday	9am – 9pm
Friday	9am – 7pm
Saturday	9am – 5pm
Sunday	10am – 4pm

**APPOINTMENTS ONLY**

**WE ALSO OPEN BANK HOLIDAYS  
10AM-2PM FOR APPOINTMENTS ONLY**

**MAKE SURE TO CHECK OUT OUR WEBSITE FOR OUR SPECIAL OFFERS**  
FOLLOW US FOR SPECIAL OFFERS ON TWITTER, FACEBOOK AND INSTAGRAM

 @thetreatmentrms  @TreatmentRoomsCrosby  treatmentrooms Crosby

**BOOK ONLINE** [www.treatmentrooms.net](http://www.treatmentrooms.net)

# Facials

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*All facials are performed using the professional skincare products Germaine de Capuccini.*

*The Treatment Rooms are the only salon on Merseyside to be selected to use this range.*

*Deposits must be paid on booking.*

## **LIFT FACIAL**

An advanced facial steeped in beautiful rituals to lift and re-define the facial contour.

99% have firmer, more supple skin. 100% have a more defined facial contour\*

*\*Self-evaluation test carried out with volunteers between 35 and 69 years of age*

## **TIMEXPERT SRNS GLOBAL ANTI-AGE**

Anti-ageing face and eye treatment based on epigenetics. Global Anti-age reactivates dormant genes, boosts cellular regeneration using "Epigenol" and "Zinc-Glycine Complex". A powerful all round anti-ageing treatment that provides firming, wrinkle reduction, revitalisation, improved pigmentation and hydration.

*1 hr All skin types usually +35yr skin*

## **TIMEXPERT RIDES WRINKLE CORRECTION**

A new avant-garde and sophisticated approach to work against expression wrinkles.

Timexpert rides focuses on "cellular dynamics" to strengthen the skins architecture

## **VITAMIN C BOOST FACIAL**

Rejuvenating power to combat skin ageing by intensely repairing the skin's luminosity, vitality and uniformity. Leaves a lasting revitalising effect that prevents and works against signs of ageing.

*1 hr Concerns with tone and fine line wrinkles +25yr skin*

## **O2 EXCEL FACIAL**

Provides a global anti-ageing for those who wish to firm, tone and protect the skin against environmental stresses by activating the O2 levels delaying and preventing the signs of ageing.

*1 hr All skin types usually +25yr skin*

## **BLACK DIAMOND MINERAL FACIAL**

This Ultimate, Luxury anti-ageing facial features a unique mineral mask that repairs, revives and stimulates collagen synthesis whilst restoring the skins youthfulness.

*1 hr All skin types usually +35yr skin*

## **COLLAGEN FACIAL**

This treatment rehydrates and renews the collagen fibres within the lines and depths of the skin structure, improving the texture, uniformity and colour of the skin. *1 hr +30yr*

## HYDRACURE FACIAL

Highly recommended for fragile delicate skin types. Amazing results after just one facial.  
Gives superb moisturisation and hydration. *1 hr All skin types and especially sensitive skin*

## OPTIONS PRESCRIPTIVE FACIAL

A High performance solution to a dull, stressed, tired and devitalized skin. Provides the skin with vitamins, nutrients and a source of energy to revitalise or regenerate leaving the skin bursting with health. Radiating! *1 hr All skin types – ideal for smoker's skin*

## GYLOCOCURE FACIAL

Not as aggressive as Dermabrasion but a good brightening facial.  
*20 min. Upgrade this to any other facial for £15*

## EXPRESS FACIAL

Cleanse, Tone, Exfoliation, mask and moisture. *30 min*  
*All skin types ideal at lunchtime for a quick pick me up*

## TEENAGER STARTER FACIAL

*School grade 7 – 11, ages 12yrs to 16yrs, must have adult consent*  
Blemished, problem teenage skin needs guidance to help balance its oil levels, full consultation is given including homecare advice.

## Semi Permanent Anti-Ageing

*All Treatments are performed by a qualified registered nurse*

## WRINKLE SMOOTHING BOTOX, RESTYLANE, RESTYLANE LIP PEARLANE, RADIESTE

*Prices available on request*

## 4D BROW

Semi-permanent individual hairs are added into the natural brow to help fill gaps and achieve thicker brows.  
*45 mins. Patch test required.*

## MICROBLADING

Microblading is a way of semi-permanent make-up, where through manual process of inserting pigment into the upper layers of skin we create the desired fullness and shape of the eyebrows. Result looks natural and flawless as hair effect is recreated on the skin. Price includes 6 week top-up.

*1 hr. Full consultation and patch test required 48 hours before treatment.*

# Body Treatments

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*All body treatments are performed using the Exclusive Spanish product range focusing on the theme of total well-being and Spa therapy. Deposits must be paid on booking.*

## **COMPLETE EXFOLIATION**

A full body scrub using dead sea salts with a choice of different aromas, ideal before holidays, false tanning and hair removal although not recommended the same day. *30 min*

## **CRYSTAL HARMONY**

Luxurious exfoliation for the removal of dead skin cells prepares the skin for the power of the precious stones and mineral elixirs which harness their energies through seven chakra points during your massage. *1 hr*

## **AFRICAN BAOBAB RITUAL**

Ideal for pregnancy. Exfoliation for the back followed by a massage with firming tonic oil all over the body. Silk wrap massaged into the scalp leading into an application of Dreamy legs to help alleviate tired legs. *1 hr 15 min*

## **CHOCOHOLICS DELIGHT**

All the pleasures of chocolate without the calories! A thoroughly delicious wrap based on the colour, aroma and creamy texture of cocoa. A deeply relaxing treatment that provides the skin with deep hydration and nourishment. *1 hr*

## **RE-MINERALISING WRAP**

From the deepest of the French Sea of Brittany we extract this mud with its marine silts, mineral salts and trace elements. This wrap and exfoliation treatment purifies the skin whilst providing it with all the basic elements lost by daily stressful activities. *1 hr 20 min*

## **THE MAGIC OF THE SILK ROUTE**

Enter the relaxing world of the Spa through the magic of a route created especially for you. Begin with a mystical exfoliation with fine aromas and continue with the application of our Silk Wrap, followed with an exclusive massage, pampering your senses leaving your skin with a satin appearance and a silky touch. *1 hr 30 min*

## Hand and Nail Treatments

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*Nailtiques Therapeutic Manicure system is designed to help improve the strength and growth of the natural nail, especially nail types that tend to peel and split. Upgrade of polish to gel available.*

### **GEL FX MANICURE** 60 min

The must have 14 Day Manicure, No Chipping, No Smudging, better than Shellac and Gelac, the secret to long lasting shine. Exclusive UV Gel Polish

### **GEL FX REVARNISH** 30 min

### **GEL FX REMOVAL**

### **REVARNISH & TIDY**

### **BASIC MANICURE** 30min

### **DELUXE MANICURE** *incl. heated mitts*

### **PARTY FALSE NAILS** *Ideal for quick fix 15 min*

### **ACRYLICS** *White tips / Naturals*

### **INFILLS**

### **EAR PIERCING**

## Toe & Foot Treatments

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*Once you have experienced this treatment you will leave our treatment rooms as though you are walking on air!*

### **REVARNISH & TOE TIDY**

### **ONLY SPA PEDICURE** 60 min

### **GEL FX PEDICURE** 75 min

### **DELUXE SPA PEDICURE** *incl. heated boots*

## Make-up

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Jackie has worked and trained with the best, including J-Lo's favourite artist Vincent Longo from New York.

**OCCASION MAKE UP APPLICATION** *(Lash Extensions available)*

**PHOTOGRAPHIC APPLICATION**

**MAKE-UP LESSON** *1 hr*

**BRIDAL APPLICATION** *includes both trial and special day plus full consultation*

**BRIDESMAIDS/MOTHER OF THE BRIDE ETC.**

**HOUSE CALL OUT** *depends on distance*

**EYES & LASH**

**EYES ONLY**

## Eye Treatments

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**EYEBROW SHAPE**

**EYEBROW TINT**

**EYELASH TINT**

**BROW & LASH TOGETHER ONLY**

**EYELASH EXTENSIONS**

**EYELASH LIFT** *50 min*

**SEMI PERMANENT LASHES - FULL SET**

**LASHES - INFILLS (EVERY 2 WEEKS)**

**RUSSIAN SEMI PERMANENT LASHES - FULL SET**

**RUSSIAN LASHES - INFILLS (EVERY 2 WEEKS)**

**TIMEXPERT EYE CONTOUR TREATMENT**

Specific eye treatment designed to firm, smooth and relax. Ideal for overworked tired and stressed eyes, it puts the sparkle back into your eyes.

*30 min Upgrade this to any other facial for £15*



## Waxing

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*WE DO THE FASTEST WAXING IN THE WEST!*

*All waxing clients must NOT have any heat treatments prior to appointment OR directly within a 24 hour time period. For an extra charge we can use hot wax for intimate waxing.*

**EYEBROW** or **LIP** or **CHIN**

**FACE** includes sides, lip & chin

**UNDERARM**

**FOREARM / FULL ARM**

**BASIC BIKINI LINE**

**STOMACH WAX**

**BRAZILIAN** or **HOLLYWOOD**

**S.B.C. MALE WAX**

**BACK** includes shoulders

**CHEST**

**HALF LEG**

**¾ LEG**

**FULL LEG**

## Wax Packages *upgrade to Brazilian or Hollywood available*

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**HALF LEG, BASIC BIKINI OR UNDERARM**

**HALF LEG, BASIC BIKINI AND UNDERARM**

**FULL LEG, BASIC BIKINI OR UNDERARM**

**FULL LEG, BASIC BIKINI AND UNDERARM**

**COMPLETE MALE BODY WAX** (inc. SBC)

**COMPLETE FEMALE BODY WAX**

## Electrolysis

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*A progressively permanent removal of the hair using the Sterex System. Treatments include full consultation.*

*All needles are disposed of clinically. **Courses are advised and available.***

**UP TO 15 MINUTES**

**30 MINUTES**

## Natrasun Spray Tanning

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*This tan has 6+ different colour choices and brand new express 2 hour tan.*

*Airbrush tanning system that applies sunless tanner not as a lotion but as a spray.*

*Recommended that you exfoliate and/or do any hair removal treatment before to reach best results.*

**FULL BODY**

**UPPER BODY**

**LEGS ONLY**

# Massage Treatments

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## **AROMATHERAPY**

Ideal technique to combat physical or emotional stress or just pure relaxation using carefully selected and blended essential oils.

**FULL BODY INCLUDING SCALP** *70 min*

**BACK, NECK AND SCALP** *25 min*

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## **SWEDISH**

This technique is better suited to those general aches and pains, especially back ache. Preferred more by male clients and those who have physical lives.

**FULL BODY** *55 min*

**BACK, NECK AND SHOULDERS** *20 min*

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## **TURKISH DELIGHT MASSAGE**

An exotic massage with the most valuable Oriental spice - Saffron. Enjoy its aroma, colour, texture and anti-oxidising power through our exclusive massage method using a large silk fouldard to gently stretch the body releasing all tension. *1 hr*

## **MEDITERRANEAN LIGHT**

A luxurious body massage treatment which commences with an application of Harmony Sublime Stones. These unique warm handmade "stones" are applied to the Chakra energy points to induce relaxation and create a sense of harmony. During this the Mediterranean Light Candle is burned emitting a wonderful fragrance. The warm wax from the candle is then poured over the body with a prolonged body massage to ease tension and relax the mind. *1 hr*

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**HOT STONE THERAPY** Please ask for details

**BACK** *30 min*

**FULL BODY** *75 min*

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## **G5 MASSAGE**

Electrical body massage ideal for heavy legs and thighs. Deep tissue vibration helps to lose a dress size.

# Holistic Treatments

*Holistic is a word meaning 'whole' these experiences help balance the mind and body as one.*

## **HOPI EAR CANDLES** 45 min

## **INDIAN HEAD MASSAGE**

A gentle yet invigorating scalp massage that releases stress and anxiety, leaving a sense of calmness, peace and tranquillity. Includes upper back, shoulders and head. 20 min

## **REIKI** 1 hr or 1 ½ hour\*

A healing technique based on the principle that the therapist can channel energy into the client by means of touch, to activate the natural healing process of the client's body and restore physical and emotional wellbeing. A balancing treatment.

*\*1 ½ hr includes Chakra stones*

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**The following treatments are subject to external therapists from outside of The Treatment Rooms staff and are therefore only available with advance notice. Unfortunately Gift Vouchers cannot be purchased or used for these treatments.**

## **REFLEXOLOGY** 1 hr

Reflexology is based on the science that there are pressure maps represented on the feet. Gentle pressure is applied to these various points that correspond to different areas of the body, restoring health and rejuvenating the entire body. Stimulation of these reflexes helps to relax and restore health and normalise all functions of the body, helping to promote a natural balance and revitalisation.

All reflexology treatments are performed by a clinical reflexologist who holds a degree in reflexology.

## **PRIVATE PRACTICE PHYSIOTHERAPY SERVICE**

### **CHARTERED PHYSIOTHERAPIST**

*BSc(Hon) Physio, MCSP, MMACP, Post Grad Dip Manual Therapy, Registered with HCPC*

<b>Physiotherapy Assessment</b> (30 mins)	<b>£40</b>
<b>Dizziness or Balance Assessment</b> (45 mins)	<b>£60</b>
<b>Epley Manoeuvre</b> – only if indicated following a full assessment	<b>£35</b>
<b>Multiple Joints or Functional assessment</b> (45 mins)	<b>£60</b>
<b>Follow up treatment</b> (30 mins)	<b>£35</b>

## Men's Treatments

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*We treat and cater for male clients. However the management reserves the right to refuse.*

### **C+ ENERGY MENS FACIAL**

Specially designed for the individual Man's skin type, eliminates toxins, strengthens skin against pollution and stress. Gives luminosity, hydration and immediate comfort using male fragranced products. *1 hr*

### **MEN'S BODY TREATMENTS**

All treatments are the same for men as they are for women.

### **MEN'S HAND & NAIL TREATMENT**

### **MEN'S FOOT CARE TREATMENT**

## Male Waxing

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### **S.B.C. MALE WAX**

**BACK** *includes shoulders*

**CHEST**

### **COMPLETE MALE BODY WAX**

**EYEBROWS**

**STOMACH WAX**

## Man Power Pack *ideal for all Grooms!*

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*Facial, Swedish back massage, eyebrow tidy/trim and hand & nail treatment*

### **MEN'S SPA DAY**

Full body exfoliation, shower followed by Specialised Men's Facial & Body massage  
complete with Men's hand and nail treatment *3 hr*

*Gift Vouchers available for all Male Treatments*

# Packages

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All 'SPA DAY' packages include a light lunch and complimentary refreshments throughout your time with us. All packages require a non refundable 50% deposit of full package cost on booking.

## ULTIMATE SPA DAY

Full Body Salt Scrub, shower followed with Full Body Massage, Full Facial selected for the individual needs, the Deluxe Spa Pedicure & Deluxe Manicure PLUS Complimentary Glass of Champagne complete with Lunch. Daytime make-up. *5 hr*

## FULL SPA DAY

Starts with Advanced Facial plus eyebrow shape, followed by Aroma Back, neck and scalp massage, the Spa Pedicure & Nailtiques manicure. Gel polish can be added free of charge. *3 hr 30 min*

## MEN'S SPA DAY

Full body exfoliation, shower followed by Specialised Men's Facial & Body massage complete with Men's hand and nail treatment. *3 hr*

## HALF SPA DAY

French Facial, Full Body Massage, Manicure or Pedicure. *2 hr 30 min*

## PRE HOLIDAY

Complete Body Scrub, ½ leg, basic bikini, underarm wax, eyebrow tint & shape, eyelash tint followed by Nailtiques Manicure or Spa Pedicure (*Gel application - additional £10*). *3 hr*

## CHAMPAGNE & CHOC-A-HOLIC

Choc-a-holic Body Treatment, Facial, Champagne and Chocs. *2 hr 30 min*

## MOTHER-TO-BE

Full consultation, Body exfoliation followed by a warm firming body mask and an extra treatment for heavy legs. Facial is performed whilst body mask prepares your body and mind for your new arrival. Toes polished to perfection to complete your treat. *2 hr*

**GROUP PACKAGES CAN BE CREATED AND CATERED FOR THE INDIVIDUAL GROUP, ASK FOR DETAILS**

## BRIDAL

FREE Consultation is given to establish your own individual needs, but date of wedding must be booked as early as possible so not to disappoint (Bespoke Bridal Service).

## Courses

NAILTIQUES MANICURE	BUY 4 GET 5
GEL FX MANICURE	BUY 4 GET 5
ONLY PEDICURE	BUY 4 GET 5
FACIAL	BUY 4 GET 5
BODY TREATMENTS	BUY 4 GET 5
MASSAGE	BUY 4 GET 5
G5 CELLULITE MASSAGE	10 FOR £170
ELECTROLYSIS (15 MIN)	6 FOR £80
ELECTROLYSIS (30 MIN)	6 FOR £129
REIKI (1 HOUR)	3 FOR £105

### FOLLOW US ON SOCIAL MEDIA FOR OUR LATEST OFFERS



@thetreatmentrms



@TreatmentRoomsCrosby



treatmentroomsrosby

## Gift Vouchers Available

Excluding Holistic Treatments, Physiotherapy and  
Semi Permanent Anti-Ageing Treatments

*Please ask staff for details*

We accept VISA and all major credit/debit cards for payment over £20 but not AMEX.

**We do not accept cheques**

We welcome and value any feedback of your treatment today, to help us provide the highest quality service.

**CLIENT COURSES** All paid treatment courses that are booked and then not attended will be treated as a non arrival therefore will be deducted from your course. All courses must be completed within 6 months of commencing or will be lost. Courses cannot be exchanged for any other treatment OR refunded OR transferred to another person.

**GIFT VOUCHERS AND PACKAGES** Vouchers and Packages cannot be replaced if lost or stolen and cannot be refunded in part or full once purchased. All vouchers are valid for 6 months from purchase only. Change will not be given. Not transferable to another persons name. Vouchers redeemed on booking will be used as a non-refundable deposit and cannot be refunded due to cancellation policy or non-arrival. All treatments sold as a package must be taken on the same day - cannot be split over multiple days.

**NON-ARRIVALS** In the event of non-arrival the full cost of your treatment will be charged. Deposits or gift vouchers will not be returned.

**CANCELLATION POLICY** Please note that if you cancel or rearrange your treatment with less than 24 hours notice you will be charged 50% of the total treatment cost of your booking. **This is company policy and non negotiable.**

**IN THE EVENT OF PACKAGE APPOINTMENTS ALL CLIENTS MUST GIVE 1 WEEKS NOTICE TO CANCEL/REARRANGE OR ALL DEPOSITS WILL BE LOST AND GIFT VOUCHERS WILL BECOME VOID.**

**CHILDREN POLICY** As a courtesy to all clients and for your comfort we ask that small children and babies do not accompany you into the Treatment Rooms whilst having treatments. Minors can have certain suitable treatments but must be accompanied by a consenting parent/guardian and will be asked to give written consent.

**MOBILE PHONE** We would like to point out that all mobile phones must be turned off or in silent mode whilst in treatment as vibration and ring tones detract from the relaxing environment. Please also refrain from answering calls whilst in treatment except in case of emergencies.

**VALUABLES** The Treatment Rooms cannot be held responsible for any loss or damages to any jewellery or valuables so please keep to bare essentials wherever possible.

**The therapist reserves the right to terminate the treatment if he/she feels the client's behaviour is unacceptable or inappropriate.**

**Please note all treatments performed by management are not subject to discounts and incur a charge.**



# The Treatment Rooms

PRICE LIST - 1<sup>ST</sup> DECEMBER 2020



## Facials

LIFT FACIAL 1 hr	£75
TIMEXPERT SRNS GLOBAL ANTI-AGE	£75
TIMEXPERT RIDES WRINKLE CORRECTION	£75
VITAMIN C BOOST FACIAL 1 hr	£70
02 EXCEL FACIAL 1 hr	£70
BLACK DIAMOND	
MINERAL FACIAL 1 hr	£70
COLLAGEN FACIAL 1 hr	£70
HYDRACURE FACIAL 1 hr	£65
OPTIONS PRESCRIPTIVE FACIAL 1 hr	£60
GYLOCOCURE FACIAL 20 min	£45
EXPRESS FACIAL 30 min	£45
TEENAGER STARTER FACIAL	£35

## Body Treatments

THE MAGIC OF THE SILK ROUTE 1 hr 30 min	£85
CRYSTAL HARMONY 1 hr	£75
RE-MINERALISING WRAP 1 hr 20 min	£75
AFRICAN BAOBAB RITUAL 1 hr 15 min	£75
CHOCOHOLICS DELIGHT 1 hr	£75
COMPLETE EXFOLIATION 30 min	£35

## Hand and Nail Treatments

DELUXE MANICURE INCL. HEATED MITTS	£35
BASIC MANICURE	£30
GEL FX MANICURE	£30
GEL FX REVERNISH	£25
GEL FX REMOVAL	£8
REVERNISH & TIDY	£20
EAR PIERCING <i>Inc. earrings</i>	£25

## Toe & Foot Treatments

DELUXE SPA PEDICURE INCL. HEATED BOOTS	£45
ORLY SPA PEDICURE 60 min	£40
GEL FX PEDICURE 75 min	£45

## Make-up

OCCASION MAKE UP APPLICATION	from £30
LASH EXTENSIONS STRIP LASHES	extra £15
BRIDAL APPLICATION INCLUDES BOTH TRIAL AND SPECIAL DAY PLUS FULL CONSULTATION	£55
BRIDESMAIDS/ MOTHER OF THE BRIDE ETC.	£35
HOUSE CALL OUT	from £30

## Natrasun Spray Tanning

FULL BODY	£30
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## Eye Treatments

EYEBROW SHAPE & EYEBROW TINT	£25
EYEBROW SHAPE	£15
EYEBROW TINT	£15
EYELASH TINT	£15
BROW & LASH TINT TOGETHER ONLY	£22
EYEBROW SHAPE & TINT BOTH	
BROW & LASH <i>(Save £10)</i>	£35
EYELASH EXTENSIONS <i>(weekend)</i>	£30
EYELASH LIFT 50 min. <i>Inc. free lash tint</i>	£35
SEMI PERMANENT LASHES - FULL SET	from £65
SEMI PERMANENT LASHES - INFILLS <i>(Every 2 weeks)</i>	from £35
RUSSIAN LASHES - FULL SET 2hr 30 min	£80
RUSSIAN LASHES - INFILLS <i>(Every 3-4 weeks)</i>	1hr £50 1hr 30 min £65
TIMEXPERT EYE CONTOUR TREATMENT 30 min	£40

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PRICES DATED 1ST DECEMBER 2020, THIS PRICE LIST SUPERCEDES ALL OTHER PRICE LISTS



## Waxing

EYEBROW OR LIP OR CHIN	£15
FACE INCLUDES SIDES, LIP & CHIN	£28
UNDERARM	£20
FOREARM / FULL ARM	£25
BASIC BIKINI LINE	£30
STOMACH WAX	£15
BRAZILIAN OR HOLLYWOOD	£35
S.B.C. MALE WAX	from £40
BACK INCLUDES SHOULDERS	£28
CHEST	£28
HALF LEG	£28
¾ LEG	£30
FULL LEG	£35

## Wax Packages

COMPLETE MALE BODY WAX (inc. SBC)	£95
COMPLETE FEMALE BODY WAX	£90
FULL LEG, BASIC BIKINI AND UNDERARM (Save £25)	£60
HALF LEG, BASIC BIKINI AND UNDERARM (Save £25)	£55
FULL LEG, BASIC BIKINI OR UNDERARM (Save £20)	£45
HALF LEG, BASIC BIKINI OR UNDERARM (Save £18)	£40
UPGRADE TO BRAZILIAN OR HOLLYWOOD FOR AN EXTRA	£5

## Electrolysis

UP TO 15 MINUTES	£20
30 MINUTES	£32
SKIN TAG REMOVAL	from £35

## Massage Treatments

MEDITERRANEAN LIGHT 1 hr	£75
TURKISH DELIGHT MASSAGE 1 hr	£70
AROMA FULL BODY INCLUDING SCALP 70 min	£58
SWEDISH FULL BODY 55 min	£48
AROMA BACK, NECK AND SCALP 25 min	£38
SWEDISH BACK, NECK AND SHOULDERS 20 min	£35
G5 MASSAGE	£30
<i>Physio services now available ask for details.</i>	

## Holistic Treatments

HOPI EAR CANDLES 45 min	£32
REFLEXOLOGY 1 hr	£42

## Men's Treatments

MEN'S SPA DAY	£120
MEN'S POWER PACK FACIAL, EYEBROW TIDY/TRIM AND HAND & NAIL TREATMENT	£90
C+ ENERGY MENS FACIAL 1 hr	£65
MEN'S FOOT CARE TREATMENT	£32
MEN'S HAND & NAIL TREATMENT	£30

## Male Waxing

S.B.C. MALE WAX from	£40
BACK includes shoulders	£28
CHEST	£28
COMPLETE MALE BODY WAX (inc. SBC)	£95
EYEBROWS	£15
EARS	£15

## Packages

ULTIMATE SPA DAY 5 hr	£160
FULL SPA DAY 3 hr 30 min	£130
MEN'S SPA DAY 3 hr	£120
HALF SPA DAY 2 hr 30 min	£110
PRE HOLIDAY 3 hr	£150
CHAMPAGNE &	
CHOC-A-HOLIC 2 hr 30 min	£100
MOTHER-TO-BE 2 hr	£90

## BRIDAL

*FREE Consultation is given to establish your own individual needs, but date of wedding must be booked as early as possible so not to disappoint (Bespoke Bridal Service)*

## Courses

GEL FX PEDICURE	BUY 4 GET 5
GEL FX MANICURE	BUY 4 GET 5
ORLY SPA PEDICURE	BUY 4 GET 5
BODY TREATMENTS	BUY 4 GET 5
G5 – CELLULITE	10 FOR £200
MASSAGE	BUY 4 GET 5
ELECTROLYSIS (15 MINS) (Save £30)	6 FOR £90
ELECTROLYSIS (30 MINS) (Save £43)	6 FOR £149

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**BOOK ONLINE**



GERMAINE<sup>TM</sup> CAPUCCINI



naitiques.



naturasun<sup>TM</sup>  
pure natural spray tanning