The Treatment Rooms

CELEBRATING **27** YEARS



54 MERSEY VIEW • BRIGHTON-LE-SANDS/CROSBY • L22 6QB

0151 932 1828 • WWW.TREATMENTROOMS.NET

thetreatmentrooms @TreatmentRoomsCrosby treatmentroomscrosby

The Treatment Rooms…

Is a comfortable environment that specialises
in treating both men and women

Monday	8.30am	–	5pm
Tuesday	**CLOSED**		
Wednesday & Thursday	8.30am	–	7.30pm
Friday	8.30am	–	5pm
Saturday	8am	–	1pm
Sunday	10am	–	4pm

ADVANCE BOOKINGS ONLY

- CANNOT BE BOOKED ONLINE -

WE ALSO OPEN BANK HOLIDAYS 10AM-2PM FOR APPOINTMENTS ONLY

From Face to Foot,

Top to Toe

The Treatment Rooms

is where you go!

MAKE SURE TO CHECK OUT OUR WEBSITE FOR OUR SPECIAL OFFERS

FOLLOW US FOR SPECIAL OFFERS ON
TIK TOK, FACEBOOK AND INSTAGRAM

@thetreatmentrooms
@TreatmentRoomsCrosby
treatmentroomscrosby

BOOK ONLINE www.treatmentrooms.net
Booking online requires card details.

Facials

All facials are performed using the professional skincare products Germaine de Capuccini.
The Treatment Rooms are the only salon on Merseyside to be selected to use this range.

Deposits must be paid on booking.

LIFT FACIAL

An advanced facial steeped in beautiful rituals to lift and re-define the facial contour.
99% have firmer, more supple skin. 100% have a more defined facial contour*

*Self-evaluation test carried out with volunteers between 35 and 69 years of age

TIMEXPERT SRNS GLOBAL ANTI-AGE

Anti-ageing face and eye treatment based on epigenetics. Global Anti-age reactivates dormant genes, boosts cellular regeneration using "Epigenol" and "Zinc-Glycine Complex". A powerful all round anti-ageing treatment that provides firming, wrinkle reduction, revitalisation, improved pigmentation and hydration.
1 hr All skin types usually +35yr skin

WRINK-LESS FOR LINES & WRINKLES

A new avant-garde and sophisticated approach to work against expression wrinkles.
Timexpert rides focuses on "cellular dynamics" to strengthen the skins architecture

MICRO NEEDLING USING COLLAGEN & GROWTH PEPTIDES

VITAMIN C BOOST FACIAL

Rejuvenating power to combat skin ageing by intensely repairing the skin's luminosity, vitality and uniformity. Leaves a lasting revitalising effect that prevents and works against signs of ageing.
1 hr Concerns with tone and fine line wrinkles +25yr skin

CELLULAR ENERGY FACIAL

Provides a global anti-ageing for those who wish to firm, tone and protect the skin against environmental stresses especially blue light from mobile or computer screens by activating the O2 levels delaying and preventing the signs of ageing.
1 hr All skin types usually +25yr skin

LED LIGHT THERAPY

HYDRALURONIC FACIAL

Highly recommended for fragile delicate skin types. Amazing results after just one facial.
Gives superb moisturisation and hydration. *1 hr All skin types and especially sensitive skin*

EXPERT LAB CHEMICAL PEEL
A complete range of cosmeceuticals formulated with high scientific and therapeutic rigour.
Suitable for 3 different types of skin *30 min*
PURIFYING - Acne, acne scars, oily skin
REJUVENATING - Anti age, wrinkles, lifting
CLARIFYING - Anti age, hyperpigmentation, prep peel

OPTIONS PRESCRIPTIVE FACIAL
A High performance solution to a dull, stressed, tired and devitalized skin. Provides the skin with vitamins, nutrients and a source of energy to revitalise or regenerate leaving the skin bursting with health. Radiating! *1 hr All skin types – ideal for smoker's skin*

EXPRESS FACIAL
Cleanse, Tone, Exfoliation, mask and moisture. *30 min*
All skin types ideal at lunchtime for a quick pick me up as this does not include any facial massage or relaxation protocols.

TEENAGER STARTER FACIAL
School grade 7 – 11, ages 12yrs to 16yrs, must have adult consent
Blemished, problem teenage skin needs guidance to help balance its oil levels, full consultation is given including homecare advice.
other facial for £20

Massage Treatments

AROMATHERAPY
Ideal technique to combat physical or emotional stress or just pure relaxation using carefully selected and blended essential oils
FULL BODY INCLUDING SCALP *70 min* **BACK, NECK AND SCALP** *25 mins*

SWEDISH
This technique is better suited to those general aches and pains, especially back ache. Preferred more by male clients and those who have physical lives.
FULL BODY *55 min* **BACK, NECK AND SHOULDERS** *20 min*

MEDITERRANEAN LIGHT CANDLE MASSAGE
During this the Mediterranean Light Candle is burned emitting a wonderful fragrance. The warm wax from the candle is then poured over the body with a prolonged body massage to ease tension and relax the mind. *1 hr*

Body Treatments

All body treatments are performed using the Exclusive Spanish product range focusing on the theme of total well-being and Spa therapy. Deposits must be paid on booking.

COMPLETE EXFOLIATION
A full body scrub using dead sea salts with a choice of different aromas, ideal before holidays, false tanning and hair removal although not recommended the same day. *30 min*

AFRICAN BAOBAB RITUAL
Ideal for pregnancy. Exfoliation for the back followed by a massage with firming tonic oil all over the body. Silk wrap massaged into the scalp leading into an application of Dreamy legs to help alleviate tired legs. *1 hr 15 min*

CHOCOHOLICS DELIGHT
All the pleasures of chocolate without the calories! A thoroughly delicious wrap based on the colour, aroma and creamy texture of cocoa. **A deeply relaxing** treatment that provides the skin with deep hydration and nourishment. *1 hr*

RE-MINERALISING WRAP
From the deepest of the French Sea of Brittany we extract this mud with its marine silts, mineral salts and trace elements. This wrap and **exfoliation treatment purifies the skin** whilst providing it with all the basic **elements lost by daily stressful activities**. *1 hr 20 min*

Eye Treatments

EYEBROW, TINT, LASH TINT AND SHAPE

EYEBROW SHAPE AND EYEBROW TINT

EYEBROW SHAPE

EYEBROW TINT

EYELASH TINT

BROW & LASH TINT TOGETHER ONLY

EYELASH EXTENSIONS *(weekend lashes)*

EYELASH LIFT *50 min (includes tint)*

Hand and Nail Treatments

GEL FX MANICURE *45 min*
The must have 14 Day Manicure, No Chipping, No Smudging, better than Shellac and Gelac, the secret to long lasting shine. Exclusive UV Gel Polish

GEL FX REMOVAL

FULL SET OF BIAB COLOUR *45 min*

BASIC MANICURE *30min*

DELUXE MANICURE *incl. heated mitts and gel if required.*

EAR PIERCING

Nail Art £8 on top of any manicure or nail repair with BIAB £8 per nail.

Toe & Foot Treatments

Once you have experienced this treatment you will leave our treatment rooms as though you are walking on air!

DELUXE SPA PEDICURE *incl. heated boots*

GEL FX PEDICURE *75 min*

ORLY SPA PEDICURE *60 min*

Make-up

OCCASION MAKE UP APPLICATION *(Lash Strip Extensions available extra £25)*
PHOTOGRAPHIC APPLICATION
MAKE-UP LESSON *1 hr*
BRIDAL APPLICATION *includes both trial and special day plus full consultation*
BRIDESMAIDS/MOTHER OF THE BRIDE ETC.
HOUSE CALL OUT *depends on distance*

Waxing

WE DO THE FASTEST WAXING IN THE WEST!

All waxing clients must NOT have any heat treatments prior to appointment OR directly within a 24 hour time period.
For an extra charge we can use hot wax for intimate waxing.

EYEBROW or **LIP** or **CHIN**
FACE *includes sides, lip & chin*
UNDERARM
FOREARM / FULL ARM
BASIC BIKINI LINE
STOMACH WAX
BRAZILIAN or **HOLLYWOOD**

S.B.C. MALE WAX
BACK *includes shoulders*
CHEST
HALF LEG
¾ LEG
FULL LEG
EARS
NOSE

Wax Packages

upgrade to Brazilian or Hollywood available for extra cost.

COMPLETE MALE BODY WAX *(inc. SBC)*
COMPLETE FEMALE BODY WAX
FULL LEG, BASIC BIKINI AND UNDERARM
HALF LEG, BASIC BIKINI AND UNDERARM
FULL LEG, BASIC BIKINI OR UNDERARM
HALF LEG, BASIC BIKINI OR UNDERARM

Book Packages
they save you money!

Electrolysis

A progressively permanent removal of the hair using the Sterex System. Treatments include full consultation.
All needles are disposed of clinically. **Courses are advised and available.**

UP TO 15 MINUTES **30 MINUTES** **SKIN TAG REMOVAL**

Natrasun Spray Tanning

This tan is a 2 1/2 hr tan
Airbrush tanning system that applies sunless tanner not as a lotion but as a spray.
Recommended that you dry exfoliate and or do any hair removal treatment before to reach best results.

FULL BODY

Holistic Treatments

Holistic is a word meaning 'whole' these experiences help balance the mind and body as one.

HOPI EAR CANDLES *45 min*

The following treatments are subject to external therapists from outside of The Treatment Rooms staff and are therefore only available with advance notice. Unfortunately Gift Vouchers cannot be purchased or used for these treatments.

REFLEXOLOGY *1 hr*
Reflexology is based on the science that there are pressure maps represented on the feet. Gentle pressure is applied to these various points that correspond to different areas of the body, restoring health and rejuvenating the entire body. Stimulation of these reflexes helps to relax and restore health and normalise all functions of the body, helping to promote a natural balance and revitalisation.

REIKI *1 hr*
A healing technique based on the principle that the therapist can channel energy into the client by means of touch, to activate the natural healing process of the client's body and restore physical and emotional wellbeing.
A balancing treatment.

Men's Treatments

We treat and cater for male clients. However the management reserves the right to refuse.

CELLULAR ENERGY MENS FACIAL
Specially designed for the individual Man's skin type, eliminates toxins, strengthens skin against pollution and stress. Gives luminosity, hydration and immediate comfort using male fragranced products. *1 hr*

MEN'S BODY TREATMENTS
All treatments are the same for men as they are for women.

MEN'S HAND & NAIL TREATMENT

MEN'S FOOT CARE TREATMENT

Male Waxing

S.B.C. MALE WAX
BACK *includes shoulders*
CHEST
EARS
COMPLETE MALE BODY WAX
EYEBROWS
STOMACH
NOSE

MEN'S POWER PACK *ideal for all Grooms!*

Swedish back massage, eyebrow tidy/trim, hand & nail treatment & ears & nose wax

MEN'S SPA DAY

Full body exfoliation, shower followed by Specialised Men's Facial & Back massage
Complete with Mens Hand and Nail treatment *2 hr 30 mins*

Gift Vouchers available for all Male Treatments

DON'T FORGET FATHERS DAY , VALENTINES DAY, BIRTHDAYS & CHRISTMAS

Packages

All 'SPA DAY' packages include complimentary glass of fizz
All packages require a non refundable 50% deposit of full package cost on booking.

ULTIMATE SPA DAY
Full Body Salt Scrub, shower followed with Candle Back Massage, Full Facial selected for the individual needs, the Deluxe Spa Pedicure & Deluxe Manicure PLUS Complimentary *5 hr*

PRE HOLIDAY
Complete Body Scrub, ½ leg, basic bikini, underarm wax, eyebrow tint & shape, eyelash tint followed by Gel Manicure or Gel Pedicure or Spa Pedicure *3 hr*
FREE upgrade to brazillian or Hollywood with the Pre holiday package

FULL SPA DAY
Starts with Advanced Facial plus eyebrow shape, followed by Aroma Back, neck and scalp massage, the Spa Pedicure & basic gel. *3 hr 30 min*

MEN'S SPA DAY
Full body exfoliation, shower followed by Specialised Men's Facial & Back massage, complete with men's hand and nail treatment. *2 hr 30 min*

MEN'S POWER PACK
Swedish back massage, eyebrow tidy/trim, hand & nail treatment & ears & nose wax

HALF SPA DAY
French Facial, Full Body Massage, Manicure or Pedicure. *2 hr 30 min*

CHAMPAGNE & CHOC-A-HOLIC
Choc-a-holic Body Treatment, Facial, Champagne and Chocs. *2 hr 30 min*

BRIDAL
FREE Consultation is given to establish your own individual needs, but date of wedding must be booked as early as possible so not to disappoint (Bespoke Bridal Service). We plan your treatment build up for your big day!

GROUP PACKAGES CAN BE CREATED AND CATERED FOR THE INDIVIDUAL GROUP, ASK FOR DETAILS

Courses

GEL PEDICURE	
GEL FX MANICURE	**BUY 4 GET 5**
ORLY PEDICURE	**BUY 4 GET 5**
FACIAL	**BUY 4 GET 5**
BODY TREATMENTS	**BUY 4 GET 5**
MASSAGE	**BUY 4 GET 5**
ELECTROLYSIS (15 MIN)	**6 FOR £130**
ELECTROLYSIS (30 MIN)	**6 FOR £200--**

FOLLOW US ON SOCIAL MEDIA FOR OUR LATEST OFFERS

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ONLINE GIFT VOUCHERS AVAILABLE

Valid for 6 Months

Excluding Holistic Treatments

Please ask staff for details

VIP BEAUTY CLUB AVAILABLE

Pay **£60** and get **£80** worth of treatments per month

Ts and Cs apply

Payment is prefered in cash or bank transfer, but card payments are accepted.
We accept VISA and all major credit/debit cards for payment over £20.
We do not accept cheques

We welcome and value any feedback of your treatment today, to help us provide the highest quality service.

CLIENT COURSES All paid treatment courses that are booked and then not attended will be treated as a non arrival therefore will be deducted from your course. All courses must be completed within 6 months of commencing or will be lost. Courses **CANNOT** be exchanged for any other treatment OR refunded OR transferred to another person.

GIFT VOUCHERS AND PACKAGES Vouchers and Packages cannot be replaced if lost or stolen and cannot be refunded in part or full once purchased. **All vouchers are valid for 6 months from purchase only. Date cannot be extended**. Change will not be given. Not transferable to another persons name. Vouchers redeemed on booking will be used as a non-refundable deposit and cannot be refunded due to cancellation policy or non-arrival. All treatments sold as a package must be taken on the same day - cannot be split over multiple days.

NON-ARRIVALS In the event of non-arrival the full cost of your treatment will be charged. Deposits or gift vouchers will not be returned.

CANCELLATION POLICY Please note that if you cancel or rearrange your treatment with less than 48 hours notice you will be charged 100% of the total treatment cost of your booking. **This is company policy and non negotiable.** Cancellation of packages must be before 1 week of treatment.

IN THE EVENT OF PACKAGE APPOINTMENTS ALL CLIENTS MUST GIVE 1 WEEKS NOTICE TO CANCEL/REARRANGE OR ALL DEPOSITS WILL BE LOST AND GIFT VOUCHERS WILL BECOME VOID.

CHILDREN POLICY As a courtesy to all clients and for your comfort we ask that small children and babies do not accompany you into the Treatment Rooms whilst having treatments. Minors can have certain suitable treatments but must be accompanied by a consenting parent/guardian and will be asked to give written consent.

MOBILE PHONE We would like to point out that all mobile **phones must be turned off** or in silent mode whilst in treatment as vibration and ring tones detract from the relaxing environment. Please also refrain from answering calls whilst in treatment except in case of emergencies.

VALUABLES The Treatment Rooms cannot be held responsible for any loss or damages to any jewellery or valuables so please keep to bare essentials wherever possible.

The therapist reserves the right to terminate the treatment if he/she feels the client's behaviour is unacceptable or inappropriate.

Please note all treatments performed by management are not subject to discounts and incur a charge.

The Treatment Rooms

The Brochure supersedes any other before 1st November 2026

The Treatment Rooms

PRICE LIST - 1ST NOVEMBER 2026

Facials

LIFT FACIAL *1 hr*	**£95**
TIMEXPERT SRNS GLOBAL ANTI-AGE	**£95**
WRINK-LESS FOR LINES & WRINKLES	**£95**
MICRO NEEDLING USING COLLAGEN PEPTIDES	**£95**
LED-XPERT SKIN LIGHT THERAPY *1 hr*	**£95**
EXPERT LAB CLINICAL PEEL *40 mins*	**£95**
VITAMIN C BOOST FACIAL *1 hr*	**£95**
CELLULAR ENERGY FACIAL *1 hr*	**£95**
HYDRALURONIC FACIAL *1 hr*	**£95**
PRESCRIPTIVE FACIAL *1 hr*	**£95**
EXPRESS FACIAL *30 min*	**£70**
TEENAGER STARTER FACIAL	**£58**

Body Treatments

RE-MINERALISING WRAP *1 hr 20 min*	**£95**
AFRICAN BAOBAB RITUAL *1 hr 15 min*	**£95**
CHOCOHOLICS DELIGHT *1 hr*	**£95**
COMPLETE EXFOLIATION *30 min*	**£53**

Hand and Nail Treatments

DELUXE MANICURE INCL. HEATED MITTS	**£44**
BASIC MANICURE	**£40**
GEL FX MANICURE	**£40**
GEL FX REMOVAL	**£10**
NAIL REPAIR WITH BIAB	**£8** *per nail*
FULL SET OF BIAB COLOUR *45 min*	**£49**
EAR PIERCING *Inc. earrings*	**£50**

Toe & Foot Treatments

DELUXE SPA PEDICURE INCL. HEATED BOOTS	**£58**
ORLY SPA PEDICURE *60 min*	**£48**
GEL FX PEDICURE *75 min*	**£52**

Make-up

OCCASION MAKE UP APPLICATION	*from* **£40**
LASH EXTENSIONS STRIP LASHES	*extra* **£25**
BRIDAL APPLICATION INCLUDES BOTH TRIAL AND SPECIAL DAY PLUS FULL CONSULTATION	**£65**
BRIDESMAIDS/ MOTHER OF THE BRIDE ETC.	**£48**
HOUSE CALL OUT *depends on distance*	*from* **£30**

Express Tan

FULL BODY	**£40**

Eye Treatments

EYELASH LIFT *50 min. Inc. free lash tint*	**£44**
EYEBROW SHAPE & TINT BOTH BROW & LASH *(Save £21)*	**£42**
EYEBROW SHAPE & EYEBROW TINT	**£34**
BROW & LASH TINT TOGETHER ONLY	**£34**
EYEBROW SHAPE	**£21**
EYEBROW TINT	**£21**
EYELASH TINT	**£21**
TIMEXPERT EYE or **LIP CONTOUR TREATMENT** *30 min*	**£65**

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PRICES DATED 1ST NOVEMBER 2026, THIS PRICE LIST SUPERCEDES ALL OTHER PRICE LISTS

Waxing

EYEBROW OR LIP OR CHIN OR EARS	£21
FACE INCLUDES SIDES, LIP & CHIN	£36
UNDERARM	£24
FOREARM / FULL ARM	£30
BASIC BIKINI LINE	£42
STOMACH WAX	£20
BRAZILIAN OR HOLLYWOOD	£48
S.B.C. MALE WAX	*from* £50
BACK INCLUDES SHOULDERS	£36
CHEST	£36
HALF LEG	£36
¾ LEG	£38
FULL LEG	£42

Wax Packages

COMPLETE MALE BODY WAX *(inc. SBC)*	£110
COMPLETE FEMALE BODY WAX	£105
FULL LEG, BASIC BIKINI AND UNDERARM *(RRP £108 Save £32.00)*	£76
HALF LEG, BASIC BIKINI AND UNDERARM *(RRP £102.00 Save £31.00)*	£71
FULL LEG, BASIC BIKINI OR UNDERARM *(RRP £84 Save £23)*	£61
HALF LEG, BASIC BIKINI OR UNDERARM *(RRP £78 Save £24)*	£54

UPGRADE TO BRAZILIAN OR HOLLYWOOD ON PACKAGES FOR AN EXTRA £10

Electrolysis

UP TO 15 MINUTES	£25
30 MINUTES	£40
SKIN TAG REMOVAL	*from* £45

Massage Treatments

MEDITERRANEAN LIGHT *1 hr*	£90
AROMA FULL BODY INCLUDING SCALP *70 min*	£70
SWEDISH FULL BODY *55 min*	£65
AROMA BACK, NECK AND SCALP *25 min*	£50
SWEDISH BACK, NECK AND SHOULDERS *20 min*	£45

Holistic Treatments

HOPI EAR CANDLES *45 min*	£42
REFLEXOLOGY *1 hr*	£47
REIKI *1 hr*	£55

Men's Treatments

MEN'S SPA DAY *2 hr 30 min (Save £60)*	£166
MEN'S POWER PACK Swedish back massage, eyebrow tidy/trim hand & nail treatment & ears & nose wax	£105
CELLULAR MENS FACIAL *1 hr*	£95
MEN'S FOOT CARE TREATMENT	£40
MEN'S HAND & NAIL TREATMENT	£38

Male Waxing

S.B.C. MALE WAX *from*	£50
BACK *includes shoulders*	£36
CHEST	£36
COMPLETE MALE BODY WAX *(inc. SBC)*	£110
EYEBROWS	£21
EARS	£21
NOSE	£16

Packages

ULTIMATE SPA DAY *4 hr* *(RRP £298 Save £68)*	£230
PRE HOLIDAY *2hr 30 min* *(RRP £270 Save £75)*	£195
FULL SPA DAY *2 hr 30 min* *(RRP £214 Save £50)*	£164
MEN'S SPA DAY *2 hr 30 min* *(RRP £226 Save £60)*	£166
HALF SPA DAY *2 hr* *(RRP £195 Save £55)*	£140
MEN'S POWER PACK	£105
CHAMPAGNE & CHOC-A-HOLIC *(RRP £185 Save £60)*	£125

BRIDAL

FREE Consultation is given to establish your own individual needs, but date of wedding must be booked as early as possible so not to disappoint (Bespoke Bridal Service)

Courses

GEL FX PEDICURE	BUY 4 GET 5
GEL FX MANICURE	BUY 4 GET 5
ORLY SPA PEDICURE	BUY 4 GET 5
BODY TREATMENTS	BUY 4 GET 5
MASSAGE	BUY 4 GET 5
ELECTROLYSIS (15 MINS) *(Save £30)*	6 FOR £130
ELECTROLYSIS (30 MINS) *(Save £48)*	6 FOR £200

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